

Scripps Memorial Hospital La Jolla (SMHLJ) Trauma Research Symposium

August 28, 2026 • Scripps Memorial Hospital La Jolla
Schaetzel Center • La Jolla, California

Course Overview

The 2026 Trauma Research Symposium at Scripps Memorial Hospital La Jolla (SMHLJ) will provide Scripps Health staff, health care professionals, and community members with an opportunity to delve into the latest developments in trauma research conducted at SMHLJ. This collaborative event will bring together Scripps Health clinicians, researchers, and a nationally renowned keynote speaker to share knowledge and educate attendees on current and ongoing research efforts. The symposium will focus on the clinical implications, broad applicability of findings, and future directions in trauma research. Its goal is to increase awareness of research initiatives and promote greater engagement across the organization.

Educational Objectives

Upon completion of this live activity, participants should be able to:

- Summarize recent developments in trauma research at SMHLJ.
- Identify strategies to incorporate new evidence-based strategies into clinical practice.
- Discuss the impact of SMHLJ's trauma research on the local community, as well as the generalizability to the region and on a national scale.

Accreditation

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Symposium Location

Scripps Memorial Hospital La Jolla

Schaetzel Center

9890 Genesee Ave

La Jolla, California 92037

Attendee Cancellation, Substitution and Refund

The course tuition is refundable if your cancellation is received in writing no later than **Friday, August 21, 2026**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, August 21, 2026**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows."

Scripps Course Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided.

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. **A complete listing of faculty and their disclosures for this program can be found on the course website.**

Course Director

Walter L. Biffl, MD, FACS

Division Head, Trauma/Acute Care Surgery
Professor and Vice-Chair, Department of Surgery
Scripps Clinic/Scripps Clinic Medical Group
Trauma Medical Director
N. Paul Whittier Chair of Trauma
Scripps Memorial Hospital La Jolla
La Jolla, California

Keynote Speaker

Raul Coimbra, MD, PhD, FACS

Emeritus Professor, University of California San Diego
Surgeon-in-Chief, Riverside University Health System Medical Center
Professor of Surgery, Loma Linda University School of Medicine
Moreno Valley, California

Agenda

7:30 a.m. Registration & Breakfast

8 a.m. **Welcome & Introductions**
Walter Biffl, MD

8:20 a.m. **Keynote Address**
Raul Coimbra, MD, PhD

9:20 a.m. **SMHLJ Trauma Overview**

9:40 a.m. **Direct to OR Pit Stop**

10 a.m. Break

10:20 a.m. **Postural Sway in Fall Risk Assessments in the Older Trauma Patient**

10:40 a.m. **Polypharmacy, Substance Abuse, and Falls in Older Patients**

11 a.m. **Management of Gallstone Diseases in the Scripps Hospital System**

11:20 a.m. **Evaluation of Simulated Driving Ability After Mild TBI**

11:40 a.m. **Disparities in Management of Adolescents with Severe TBI**

Noon Lunch

12:40 p.m. **Choosing Patients for Rib Fixation**

1 p.m. **Post-Concussive Symptoms in Children with and without Mild TBI**

1:20 p.m. **Preventing Ventilator-Associated Pneumonia**

1:40 p.m. **Preventing Falls in Older Adults**

2 p.m. Break

2:20 p.m. **New Project Forum**

4 p.m. Adjourn

**Topics, times, speakers, and order of talks is subject to change.*

Register Online



	Thru August 28
Registration	\$20